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How to Make Your Own Natural Stain Removers at Home

It can be so annoying to ruin a perfectly good outfit with a coffee stain or ink spots, and getting them out can be a huge challenge. Yet conventional **store bought stain removers** can contain toxic chemicals like benzene, methylene chloride, monotetanolamine, parabens, and bleach, all of which are harmful to your health and that of Mother Earth. If you're a DIYer by nature, put your chemistry hat on and create your own homemade natural stain removers from common ingredients in your kitchen or laundry room.

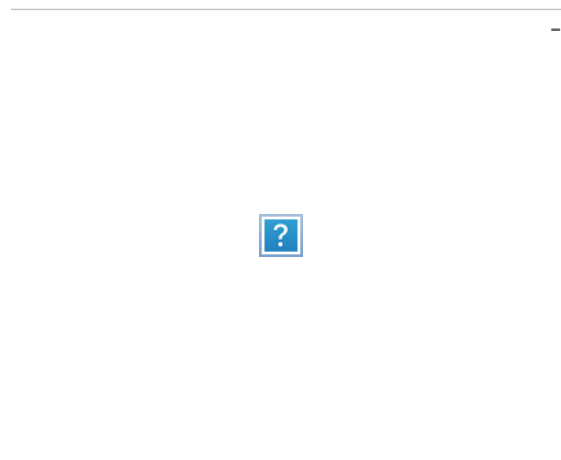
Homemade Natural Stain Remover Recipes

- Red wine stains:** For a red wine stain, quickly and gently blot any excess liquid then sprinkle salt and let it sit for 15 minutes – this will absorb the remaining wine (and turn your salt pink!). Dust off the salt, dab the stain with a mixture of 1/3 cup white vinegar and 2/3 cup cool water, and rinse in cool water.
- Ink stains:** Removing ink stains requires quick action. Immediately place the stained garment on top of a paper towel and dab the stain with rubbing alcohol – the stain should transfer to the towel underneath. Reposition the towel regularly to ensure the ink doesn't seep back into the garment.
- Blood stains:** To remove blood stains, try using hydrogen peroxide (a natural alternative to bleach). Place 3% hydrogen peroxide in a spray bottle, spray the stain directly, and allow to sit for one minute. Then, rub and rinse with cold water. Another little-known trick: use saliva, which contains the enzymes necessary to breakdown your blood. Dab a bit of saliva on a fresh blood stain, rub, and rinse in cool water.
- Chocolate stains:** To remove chocolate stains, treat or soak the stain in club soda to let the fizzing action to lift the stain out of the fabric.
- Oils and grease stains:** To remove oil stains and grease stains, cover them with something absorbent, sprinkle cornstarch, salt, or baby powder on the stain, and let sit for 15 minutes. Brush off the salt or powder, and treat any remaining portion of the stain with a mixture of equal parts plant-based soap and lemon juice or vinegar to cut through the grease.
- Coffee stains:** To remove coffee stains, first blot the stain to remove any excess liquid. Then, dab the stain with a generous amount of white vinegar and launder normally. Remember, do not dry the garment if the stain is still present after washing; drying will cause the stain to permanently set in your garment.

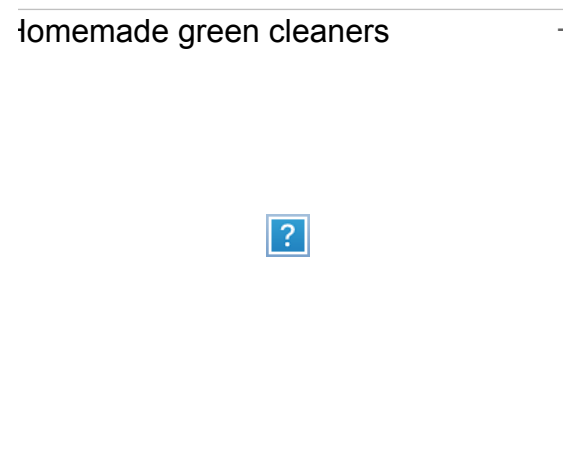
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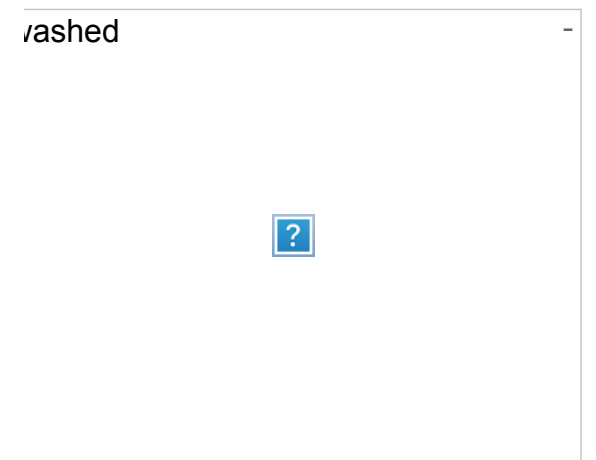
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